

# HOPE HOUSE OF ARIZONA

## PROJECT HOPE WISH LIST

Project HOPE, a community outreach program, is designed to encourage, support, and assist former foster youth as they transition to adulthood. The goal of Project HOPE is to provide former foster youth with the basic needs and supplies necessary that will assist them in becoming self-sufficient, enabling them to move towards lifelong independence. Through Project HOPE, youth transitioning out of foster are provided with daily living items, hygiene and healthcare items, cleaning and laundry supplies, bed linens, furniture, and other household items. College-bound youth receive care packages and duffel bags filled with school supplies upon aging out, as well as items such as laptops, dorm decorations and gift cards.

### GIFT CARDS

**Gift cards (increments of \$10 and above are preferred)**

Walmart, Grocery stores, Target, Dollar Tree or 99 cents Stores, Fast food restaurants

### CLOTHING ITEMS NEEDED

- Men's: casual pants and jeans, polos, t-shirts
- Women's: jeans, casual pants, blouses and t-shirts
- Bras (new or gently used) and Underwear (new)
- Socks
- Shoes: casual and sneakers

### NON-PERISHABLE FOOD ITEMS NEEDED

- Cereal
- Canned goods (vegetables, soups, beans, sauces, chili, etc.)
- Pasta, rice, noodles, and instant potatoes
- Snacks (granola bars, crackers)
- Ramen noodles
- Trail mix
- Mac and Cheese (cups or boxed)
- Instant Oatmeal
- Canned meats
- Dried fruit
- Individual snack packs of chips, etc.
- Individual box drinks

### PERSONAL ITEMS

- Paper Towels/napkins
- Toilet Paper (high demand)
- Full Size Deodorant (high demand)
- Toothpaste and Floss
- Laundry Detergent
- Feminine Hygiene Items (sanitary pads)
- Full Size Body Wash/Soaps (high demand)
- Full Size Shampoo/Conditioner
- Shaving Items
- Hair Products
- Hand Soap & Sanitizer
- Lotion
- First Aid Items
- Blankets, Sleeping Bags, and Air Mattresses
- Household Cleaning Supplies



GIVING YOUTH HOPE AND A FUTURE